CYBER RESOLUTIONS FOR A SAFER 2019

PATCH

Patch your software as soon as updates become available. Updates often contain critical security fixes that plug vulnerabilities which hackers use to infect your device with malware. Always keep your antivirus up to date so that it can detect the latest forms of malware.

REVIEW

Regularly review your privacy settings on mobile devices and social media to ensure that you aren't over-sharing your personal details. Criminals can use personal information you make publically available on social media to steal your identity.

OWNERSHIP

Take ownership of your online privacy. When signing up to a new website or service, make sure you understand exactly what information the company will collect and store about you, who they will share that information with, and how they will protect it.

TWO-FACTOR AUTHENTICATION

This works by combining something you know (your password) with something you have in your possession (mobile phone). If you enable Two Factor Authentication (2FA) on an account, then you will need both your password, as well as a special code that is sent to your phone.

EMAIL

Remember, an email address can be spoofed to appear as though it was sent by a legitimate company, or even someone you know. If you receive an email, especially if it's unsolicited, then don't click on any links within the email, or open any attachments, unless you are certain of where the email has come from.

CHANGE

Change your passwords regularly, as it will ensure that any compromised passwords can't be used for very long. In order to create a complex password, consider using three random words, as well as numbers and symbols. Remember to never share your passwords with anybody, or write them down.

TELL EVERYONE

Share these tips with your work colleagues, friends and family to help them have a safer time online during 2019.

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